

Kneipp Worldwide · Adolf-Scholz-Allee 6–8 · 86825 Bad Wörishofen

Društvo Kneipp Vrhnika Cesta 6. maja 9 1360 Vrhnika Slovenia Kneipp Worldwide

Generalsekretariat

Adolf-Scholz-Allee 6–8 D-86825 Bad Wörishofen

Telefon +49 8247 3002-103 Telefax +49 8247 3002-199

Büro Berlin

Axel-Springer-Str. 54 B D-10117 Berlin

Telefon +49 30 200 77-095 Telefax +49 30 200 77-073

E-Mail kneippworldwide@kneippbund.de www.kneippworldwide.eu.

Bad Wörishofen/Berlin, 21 September 2021

## Happy 10<sup>th</sup> Birthday!

## Thanks and Acknowledgements for the Kneipp Association in Vrhnika, Slovenia

Dear Dedicated Representatives of the Kneipp Association in Vrhnika Dear Friends and Supportes of the Kneipp Movement in Slovenia, Ladies and Gentlemen,

In this present year "Kneipp 2021", we not only celebrate the 200<sup>th</sup> birthday of our founder Sebastian Kneipp, but also the 10<sup>th</sup> birthday of our member organization in Vrhnika, Slovenia – Happy Birthday, Društvo Kneipp Vrhnika!

Kneipp Worldwide, the international umbrella organization of the Kneipp movement, is proud and happy to have the Kneipp association in Vrhnika, founded in October 2011, among its members. On this special occasion, we take great pleasure in expressing our thanks and acknowledgements for your long-standing commitment and vital contribution to promulgate the Kneipp health concept in Slovenia: You organize lectures and Kneipp games, hold workshops for children, you have designed a Kneipp herb garden with a hiking trail, share recipes – only to name a few of your manifold activities. In addition, you cooperate with related associations, the business sector, schools, as well as with kindergartens in Slovenia.

We are also proud of and thankful for your commitment across national borders. We were delighted to learn that you were visited by fellow-"Kneippians" from Hungary, who took part in a Kneipp wellness day in the vicinity of the University of Wellness and Cosmetics in Ljubljana (VSŠKV). In cooperation with the Kneipp association Vrhnika, the



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VSŠKV organized a three-day professional excursion "Kneipp in Practice" to Niederdorf in South Tyrol, Italy, as part of an Erasmus Plus-program.

The core, the pearl, the brilliant idea, the philosophy, and the driving force of our shared vision is, of course, the powerful impulse that emanated from the legendary and charismatic pastor Sebastian Kneipp. Sebastian Kneipp has shown in simple, clear words, with an overwhelming honesty, a way to more health that is as simple as it is royal. The concept, or rather the basis of his philosophy, his thoughts, and actions namely the five elements and the view of harmony of body, mind and soul - is timelessly valid and always up-to-date - and it is more significant today than ever in the face of the current pandemic. "Holistic" is a term often used nowadays, but it ultimately only describes an ancient concept already practiced by Sebastian Kneipp: the Kneipp therapy is holistic. In fact, his health concept is more modern today than ever - and more looked-for as ever. It enables us to bring health to every individual and to the entire population, because it is easily accessible and irrespective of social status, income, age, or gender.

Dear Kneipp friends, on behalf of the Kneipp Worldwide Presiding Council, the General Secretariat, all members, and the entire Kneipp family, I wish you a wonderful birthday celebration on 2 October 2021 in Olimje. Let us all make the special Kneipp year "Kneipp 2021" unforgettable and work together for a healthy future with Kneipp!

Kindest regards

Ingeborg Pongratz, MdL a.D.

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President